



We use the inherent power of natural sources to bring about wonderful results on the human body. The natural extracts used as ingredients are 100% safe and standardized.



CARTIMIN-D

Promotes Bone Metabolism

- Calcium & Vitamin D3 with Magnesium & Zinc
- Takes Care of Muscle Cramps
- Contains Essential Nutrients for Bone Health



30 Tablets



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Promotes Bone
Metabolism

PRODUCT COMPOSITION:

Each tablet contains

Calcium (USP)	600mg
Magnesium Oxide (USP)	0.50mg
Zinc Oxide (USP)	10mg
Vitamin D3 (USP)	100IU
(BP Specifications)	

DIRECTIONS:

Take 2 tablets daily after meals
or as advised by the physician.



Magnesium role:

One of its main roles is to act as a cofactor — a helper molecule — in the biochemical reactions continuously performed by enzymes. It's involved in more than 600 reactions in your body, including (Trusted Source):

- Protein formation: creating new proteins from amino acids
- Muscle movements: aiding in muscle contraction and relaxation
- Nervous system regulation: regulating neurotransmitters, which send messages throughout your brain and nervous system

Zinc benefits:

Zinc may reduce the duration of cold symptoms, support blood sugar management, improve severe and inflammatory acne, decrease heart disease risk, and slow the progression of macular degeneration.

Health benefits of D3:

- Strengthens bones and muscles
- Boosts immunity
- Improves mood
- Reduces inflammation
- Improves heart function

Bones:

Vitamin D works with Calcium to support your bones. If you're low on Vitamin D, your body can't get Calcium from food. So it steals it from your bones. This leads to low Vitamin D levels cause depression, fatigue, and muscle weakness. Over time, Vitamin D deficiency can lead to weak bones, rickets in children, and osteoporosis in adults.